

REIKI OKUDEN EVALUATION



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Please complete this evaluation after your 21 Days of Purification. You should not attempt the evaluation until you have performed at least a few of your case studies. Once you have satisfactorily completed all of your homework your Kyoushi will mail you your certificates (Certificate of Attunement & Okuden Reiki Practitioner Certificate).

Good Luck & Thank You!

Your Name: _____
Phone Number: _____
e-mail / alternative contact: _____

Date of Attunement / Class: _____
Date of Evaluation: _____

1. Who was Hawayo Takata?

2. What are the Reiki Symbols?

3. Draw the following symbols:

Cho Ku Rei		Sei Hei Ki	
Kriya		Hon Sha Ze Sho Nen	

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4. What are the purposes of the following symbols? (How are they used?):

Cho Ku Rei _____

Kriya _____

Sei Hei Ki _____

Hon Sha Ze Sho Nen _____

5. Explain your take on the sacred versus secret debate (Reiki Symbols are.....?):

6. What are the 5 Reiki Principles?

7. What is Intention? How is it used in a treatment? What is the significance of Intention when it comes to the symbols?

8. When should you NOT use Reiki?

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9. What are the 3 basic rules to remember about the Client – Therapist Relationship?

10. List a few differences between a therapeutic relationship and a personal relationship:

11. List 3 components of Pre-Treatment Communication:

12. Describe the basic hand placements for the treatment of a healthy person:

13. Describe a basic treatment for someone in a wheelchair:

14. Describe offering a Distance Treatment:

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15. Share some ways you use Reiki in your daily life:

16. What should you tell a client to expect during a treatment?

17. What should you tell a client to expect after a treatment?

18. Describe your grounding method:

19. What are some benefits to the practitioner of offer Reiki?

20. What are some benefits of Hosting / Attending Reiki Shares?

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21. Describe how you prepare yourself and your treatment area for a treatment:

22. What are the Three Pillars of Reiki?

23. What is Reiji – Ho?

24. What is Chiryo?

25. What is the Gassho Meditation?
